

## Lake Presidential Hosts the Waggle.com Classic



Waggle.com has been so impressed with the new (opened in last May) upscale, daily fee Lake Presidential Golf Club that we're holding our annual charity event there. LP has a fantastic layout, beautiful clubhouse and friendly/helpful staff.

So, please join us on Monday, April 27th to help raise money for Jeff's Ballpark Tour and their mission to provide support in the area of youth cancer. We guarantee this will be a fun day of golf and frivolity with plenty of prizes and surprises.

For all the details visit [www.tournamentor.com/fallclassic](http://www.tournamentor.com/fallclassic)

## Notes from the TOUR

Eleven of the last thirteen winners of the Buick Open have been from California, the latest being Nick Watney. Second place went to Charley Hoffman who carded a 74 on the last day including a triple bogey 7 on one hole. As fate would have it, Charley's number was pulled after the Buick event for a random drug test. (Hoping his drive home was safe, anyway) This Charley is not the same Hofman (one f) who does the book reviews for Waggle. I expose this only because our Charlie did not reveal Hogan's secret to me as I had asked. He gave us the of professorial "read the book." Always hated that.



Look for David Toms and Camilo Villegas to do well at Pebble this week. Both are hot early and their games should handle the wind. Camilo's brother made a start in the Panama Championship on the Nationwide Tour, but missed the cut with a 71-74. Wonder if his brother can contort his body like Camilo?

Over half the rookies on Tour this season (17 of 28) had Fed Ex points after just the first four events. Good crop of players this season will tee it up with the big names. One of those is Bob Heintz who we followed at the Melwood event here last year. He seems like a very nice guy with a lot of talent. Waggle will be rooting for him this season. Watch when the Tour goes to Florida as Heintz lives in the Tampa area.



Now for the "required golf knowledge" article on Tiger. Charlie Axel Woods is reportedly named after Charlie Sifford (a Tiger idol) and Elin's brother Axel (meaning father of peace in Swedish). Now the Golf Channel reports a slightly different version. Their perhaps tongue in cheek account notes that Tiger has idolized Charlie Daniels since he picked up his first guitar, possibly a day after his first golf club. And, that Tiger and Axel Rose are very close friends. The press statement from the Woods did not address the issue so we may have to wait until his return to golf---Doral would be a good bet for that.

## This Week on Tour

- **PGA TOUR**  
PEBBLE BEACH NATIONAL PRO-AM  
PEBBLE BEACH, CA  
FEBRUARY 12 - 15
- **CHAMPIONS TOUR**  
ALLIANZ CHAMPIONSHIP  
OLD COURSE AT BROKEN SOUND  
BOCA RATON, FL  
FEBRUARY 13 - 15
- **NATIONWIDE TOUR**  
OFF
- **LPGA**  
SBS OPEN AT TURTLE BAY  
ARNLD PALMER COURSE  
KAHUKU, OAHU, HI  
FEBRUARY 12 - 14

### Enjoy Your Game More in 2009 by J. Snow

**Golf is a difficult game, why make it harder than necessary by playing overly difficult shots? Try playing within your natural abilities and strengths for more enjoyment!**

With a 2009 mantra that “golf is about using your golf skills and mental strengths to score”; rather than over-swinging to get an extra ten yards with a low probability of success. Enjoyment and satisfaction will trump deflated egos and lost Nassau’s.

Play holes from locations [tee box] that match your natural shot distances and flight characteristics. If you fade shots play that left to right shot to land in the best location for the subsequent shot. Don’t keep trying to eliminate one of your strengths by changing your natural fade or draw to a straight shot. Most average golfers have a natural tendency to fade fairway, utility, and long and mid length clubs. Golfers do not have sufficient time to alter our natural tendencies and learn new swing skills such as eliminating a strong fade or draw. Most of us will always use our natural skills when executing challenging golf shots during a round.



Golf has multiple elements to sound performance; these elements are mental, physical, shot consistency, short game skills, and putting. Knowing, understanding, and accepting one’s intrinsic abilities and limitations with golf shot distances and ball flight paths and using them smartly is essential to successfully lowering scores. Our flexibility and strength start to diminish as we become more mature, shot lengths of our youth seem to disappear with our hair. With limited strength, flexibility and practice time shots fall short of our expectations for length and accuracy. Most shots executed by average golfers are within 100 yards of the green. In a typical 18 hole round approximately 70% of a golfer’s shots are in the scoring zone, < 100 yards to the green. The 70% includes putts, bunker shots, chip, and pitch shots.

If golfers shifted their games to playing holes to their intrinsic strengths of real shot distances, short game skills and putting results would probably be immediate. Average golfers drive their tee shots less than 200 yards and usually have a short roll distance. On long par four holes reaching greens with fairway woods is very difficult; this is why average golfers reach less than 50% of the greens. This leads to chip and pitch shots to the green followed by two or three putts. Most golfers have a reasonable chance at reaching a par four hole when the distances for the tee shot and the approach shots are within their natural shot distances.

Collected data from studies indicates that average golfers drive their tee shots 200 yards [carry and roll]. These same golfers reach greens with second shots of 170 yards [carry and roll]. With average drive lengths equal to 55% and average second shots of 45% of a hole length the typical golfer misses 50% of the greens. Most golfers would increase the probability of hitting greens if they shorten the second shots while accepting and using their average tee shot lengths for consistency off the tee. Tee shot posture and alignment along with swing tempo and balance are vital to consistently placing tee shots in the fairway. Manage that ego do not over swing.

Continued on next page...



### Enjoy Your Game More in 2009 continued...

If a typical par four hole is 440 yards from the back tee, 400 yards from blue, 360 yards from white, 320 from gold, and 280 from the red tee. What is the best tee to score par with different skills? If a golfer wants to improve his/her scores let us look at using a 60/40 tee/fairway shot ratio to improve the GIR to > 50%. With an average drive length of 235 yards a golfer should play par four holes of less than  $[235/0.6 = 392]$  400 yards and in this example the 400 yard white tees are okay. A golfer with a 210 yard drive should play par four holes of less than 350 yards; the 360 yard white tee is a slight stretch. A golfer with a 200 yard drive should play holes that are less than 335 yards to score pars. Using the 60/40 ratio should put a shorter length club in your hands for that second shot so accuracy and consistency increases.

The next area to make changes is to use the natural fade or draw on each shot. Look at the hole layout and position yourself so that the natural shot puts the ball in play with a good shot to the green. Approach the green with your natural shot and avoid greenside hazards.

The average golfer using the suggested 60/40 ratio to select a tee area could lower their score as much as 5-6 strokes per round. A simple method to adjust handicaps is available if you decide to use a different tee area than your fellow golfers. So this season consider using your natural strengths and skills to increase your enjoyment of this great game.

### Happy Valentine's Day from Waggle



When a woman wears a leather dress...

A man's heart beats quicker, and his throat gets dry, he goes weak in the knees, and he begins to think irrationally.

Ever wonder why? It's because she smells like a new golf bag!

### Thanks A-Rod!

The recent troubles of Alex Rodriguez may be a blessing to golf. Baseball and golf are among the seven sports trying to get into the 2016 Olympics and the International Olympic Committee has recently had about enough of doping incidents to last them for a while. Some insiders feel that the A-Fraud publicity may have hurt baseball's chances thereby increasing the odds for golf. Also, we couldn't help but notice A-Rod was wearing a 'golf' sweater while doing his recent mea culpa. The IOC will announce the two chosen additional sports at the October meeting, along with the 2016 site.



### Unlimited Golf at Blue Ridge Shadows



Blue Ridge Shadows in Front Royal, VA will continue their off-season rates through March 1, 2009. Play unlimited golf for only \$45 Weekends, \$35 after 12pm and \$35 weekdays anytime. Save \$5 per person by bringing a donation of non-perishable, healthy canned, boxed or bagged food for them to donate

to local area food banks. Call 866.631.9661 to book your reservation. Thanks to your generosity, they've donated over 5,000 pounds of food since Thanksgiving to local area food banks.

## The 2009 Waggle Golf Pass is Available!



The 2009 pass has more deals and more weekend offers than 2008.

The 2009 Waggle Golf Pass has over 160 offers from 7 states in the Mid-Atlantic. One book is good for all the states and offers. You can save money all season long on greens fees, range balls, lessons, club fittings and pro shop items when you use the Waggle Golf Pass.

Order Now at [www.wagglegolfpass.com](http://www.wagglegolfpass.com)

### Reach us at...

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Send us your feedback, tell us about your upcoming event or give us story ideas for the newsletter.

## Upcoming Local Events

## [View All Events](#)

### 2/21/2009 - Par 3 Shoot-Out at Marlton

Saturday, February 21st head to Marlton for their Par 3 Shoot-Out. There will be Closest to the Pin contests on all par 3s. Everyone is welcome - play for just \$29. Call the golf shop at 301-856-7566 for tee times.

### 2/23/2009 - VSGA-MAPGA Rules of Golf Workshop

On Monday, Feb. 23, Springfield Golf and Country Club in Springfield, VA will host a rules workshop. It will feature: review of definitions, discussions on the Rules of Golf, Use of the Decisions book and the Rules of Golf, and a PowerPoint presentation showing actual Rules' situations. The program begins at 9 a.m. and concludes no later than 4:30 p.m., with registration at 8:30 a.m. Call 804-378-2300 to register.

### 2/25/2009 - Rules & Etiquette Seminar at Hilltop

Hilltop's annual Rules & Etiquette Seminar will be held on Wednesday, February 25th from 7PM to 8:15PM. Patrick Holland, PGA will be on hand to discuss and illustrate course management, etiquette, rules and answer your questions. They are limited to just 20 participants so please call early to reserve your space. Call the pro shop to register 703-719-6504.

### 2/28/2009 - Battle Bowl II

Head to Battlefield Golf Club for Battle Bowl II on Saturday February 28, 2009. It's a 1000 shotgun start. The entry fee is \$25. Entry fee includes Golf Cart, Range Balls, Food and Beverage upon completion of play. Format: 4 Person Florida Ball. Prizes will be awarded to low team score and closest to the pin on all par 3's. Super Bowl Trophy to the NFL team that is most represented whether it be by Jersey, Hat, or whatever. Phone 757-482-4779 to sign up.

### 2/28/2009 - Women on Course Golf Fashion Luncheon

Women on Course opens the door and invites you to enjoy all the benefits the golf lifestyle has to offer. This unique luncheon offers networking to meet women who share your interests, golf fashion presentation and trunk show, lunch, wine, gift bags and prizes. FREE GIFT for the first 10 who register for this event. 11:30am - 1:30pm at Fleming's Prime Steakhouse, 1960 Chain Bridge Rd, McLean, VA 22102. Call 703 268-5078 or visit [www.womenoncourse.com](http://www.womenoncourse.com) to register. \$35 guests, \$20 members.

### Quote of the Week

**"Titleist  
has offered me  
a big contract  
not to  
play its balls."**

-Bob Hope

